

2020-2021
Parent Academy Power Hour
Fall Catalog



Pinellas County School District



Overview

The mission of Parent Hour Webinars is to provide parents, families and the community with the necessary tools and skills to support students academically, socially, and emotionally, while building a cornerstone to a healthier and safe community.

Our Parent Hour catalog focuses on three key pillars:

Student achievement- workshops provide information and strategies for parents to support their child at home.

Parent advocacy- workshops provide information and strategies to help parents advocate for their child.

Personal growth- workshops build parent confidence and provide them opportunities for personal growth.

Registration Instructions

If you are interested in attending one (or many!) Parent Power Hour workshops, please register by clicking the link to register for a session. All workshops will be held using ZOOM. Refer to the workshop description for specific information.

The dates and time of the workshops are listed in this guide along with the registration link.

Please pre-register and any updates will be sent via email.

All Parent Power Hour workshops are designed for parents, caregivers and community members.

Students are welcome to attend along with their families if appropriate.

For questions, contact Sheila Kane, Family and Community Engagement Coordinator,
at kanes@pcsb.org or 727-588-6000 x1846.

Student Achievement



Engaging Fathers and Male Role Models in Education

With the overwhelming data and research regarding male students and their academic performances steadily declining, we are calling on fathers, grandpas, uncles, and brothers to get engaged. During this workshop participants will be provided engagement strategies for fathers, and father figures. There will be open dialogue on how men can help their kids reach their potential. Please join us for this informative discussion.

When	September 29, 2020
Where	Zoom Webinar
Time	5:30 – 6:30 p.m.
Register	Please click here to register

Behind Every Data Point is a Child

I received my child's data, what does it mean? Who do I speak with regarding my child's data? What are key questions I should be asking the teacher/school staff? What is progress monitoring? During this workshop we will provide participants with information about the various assessments that are administered by levels: elementary, middle, and high school. We will discuss the data related to outcomes, and how it impacts your child. Lastly, we will discuss what are the right questions to ask about your child's data. Please join us and find out how to support your child with a better understanding of the data.

When	October 13, 2020
Where	Zoom Webinar
Time	5:30 – 6:30 p.m.
Register	Please click here to register

Importance of Literacy: Literacy Supports and Tools

Many students have experienced setbacks in literacy due to COVID -19. This dynamic panel will include Bridgette Heller of the Shirley Proctor Puller Foundation, Danielle Hintz of the Juvenile Welfare Board and Judy Patrick from the R'Club Literacy Outreach program. Ms. Heller will give practical tips on supporting your children in literacy. Ms. Hintz will discuss the Campaign for Grade Level Reading in which JWB serves as the backbone. Finally, Ms. Patrick, will speak about literacy tools and book distribution sites within the community.

When	October 15, 2020
Where	Zoom Webinar
Time	5:30 – 6:30 p.m.
Register	Please click here to register

Parent Advocacy



Know your Community Resources

Pinellas County is resource rich but navigating the broader system of services can be challenging. Courtney Covington of Personal Enrichment for Mental Health Services (PEMHS) will provide practical tips for helping parents get connected to critical services such as financial assistance, food and mental health services.

When	October 20, 2020
Where	Zoom Webinar
Time	5:30 – 6:30 p.m.
Register	Please click here to register

Digital Parenting: How to Stay Ahead

Did you know 40% of children in grades 4-8 chatted with a stranger online? In this webinar, we will dig deep to learn what kids are doing online and the impact this has in their lives. We'll give you the knowledge you need to start talking internet safety with your children as well as tools you can implement at home to keep your children safe and secure online.

When	October 27, 2020
Where	Zoom Webinar
Time	5:30 – 6:30 p.m.
Register	Please click here to register

Personal Growth



Parent Stress: The Bright Side **Parent-Guardian Connection Session**

The COVID-19 pandemic is a stressful time for parents and caregivers. It is easy to become overwhelmed. There is uncertainty, oftentimes job loss, decreased social interactions, working from home, teaching our children and managing their concerns. Even families who were initially coping well are starting to struggle as the changes in our routines are lasting much longer than we originally thought. The good news is that we are all in this together. There are specific tools and techniques we can use to gain better control of our thoughts and emotions and help our children. Join our discussion.

Dear Overwhelmed Mom

Being a parent is a tough job for both moms and dads. However, it is common for moms to carry more of the physical and emotional load when it comes to parenting. Oftentimes they are working a regular job, taking on the “second shift” duties such as cooking, cleaning, making lunches, going over homework, and worrying about things like playdates and social interactions can be hard-hitting. More recently due to COVID 19, moms are working remotely at home, while supporting their child with online learning. In this presentation, participants will learn strategies on how to “name” their experiences, tap into new energy sources, and facilitate reality check expectations.

When	October 6, 2020
Where	Zoom Webinar
Time	5:30 – 6:30 p.m.
Register	Please click here to register

When	November 10, 2020
Where	Zoom Webinar
Time	5:30 – 6:30 p.m.
Register	Please click here to register